

Cat Reward Sticks

Make homemade cat treat sticks with tuna, flour, and parsley. Easy 30-minute recipe for healthy pet rewards your feline will love!

10 min

PREP

20 min

COOK

30 min

TOTAL

4

SERVINGS

Easy

DIFFICULTY

Ingredients

- 1 tuna fish
- 1 cup flour
- 1 egg
- 4 sprig parsley
- 2 tbsp water

Instructions

- 1 Prepare the oven and baking setup**

Preheat the oven to 180°C (356°F). Line a baking sheet with parchment paper.
- 2 Prepare the herbs**

Remove thick stems from 4 sprigs fresh parsley and finely chop the leaves until you have about 2 tablespoons chopped parsley.
- 3 Mix the dough**

Drain 1 can of tuna completely and flake it into small pieces. In a large mixing bowl, combine the flaked tuna, 1 cup flour, 1 beaten egg, 2 tablespoons water, and the chopped parsley.
- 4 Mix all ingredients together with your hands, kneading until the mixture forms a cohesive dough that holds together when pressed, about 2-3 minutes.**
- 5 Roll out the dough**

Generously flour a clean work surface. Place the dough on the floured surface and roll it out with a rolling pin to 1/4-inch thickness, adding more flour as needed to prevent sticking.

6 **Cut and arrange treats**

Using a knife or pizza cutter, cut the rolled dough into strips about 1/4-inch wide and 3-4 inches long. Transfer the strips to the prepared baking sheet, spacing them 1/2 inch apart.

7 **Bake the treats**

Bake for 15-20 minutes, until the treats are golden brown and firm to the touch. Remove from oven and let cool completely on the baking sheet for at least 10 minutes before serving to your cat.

Tips

Sprinkle flour generously on your work surface to prevent the dough from sticking while rolling out.

If the dough seems too wet, gradually add small amounts of flour until you achieve a workable consistency.

Roll the dough to about 1/4-inch thickness for optimal crunchiness after baking.

Use a pizza cutter or sharp knife to create uniform strips for even cooking.

Allow treats to cool completely before serving to prevent burns and ensure maximum crispiness.

Store finished treats in an airtight container at room temperature for up to 3 weeks.

Break larger sticks into smaller pieces for training rewards or for smaller cats.

Always supervise your cat when giving treats and remove any uneaten portions after 24 hours.